

Cours Grand

Squaw Butte Back Country Horsemen

Chartered 1992

P.O. Box 293 - Emmett, ID. 83617

May/June 2010

Featured Articles

Presidential Musings Brand Laws Grand Canyon Pack Trip Day 5 - Continued Recipe from the Congers Camp Kitchen Winter Activities at Lamb Arena Camping with Stock 2010 Back Country Skills Clinic SBBCH Yard Sale & More

PRESIDENTIAL MUSINGS



Commentary from the lady who actually lives in the "White House" with black shutters of course, by Marybeth Conger, President

Can you believe its June already? I just returned from a nice ride with the entire string. We have a pack trip into the Frank Church Wilderness end of July, so its time to start getting in shape.

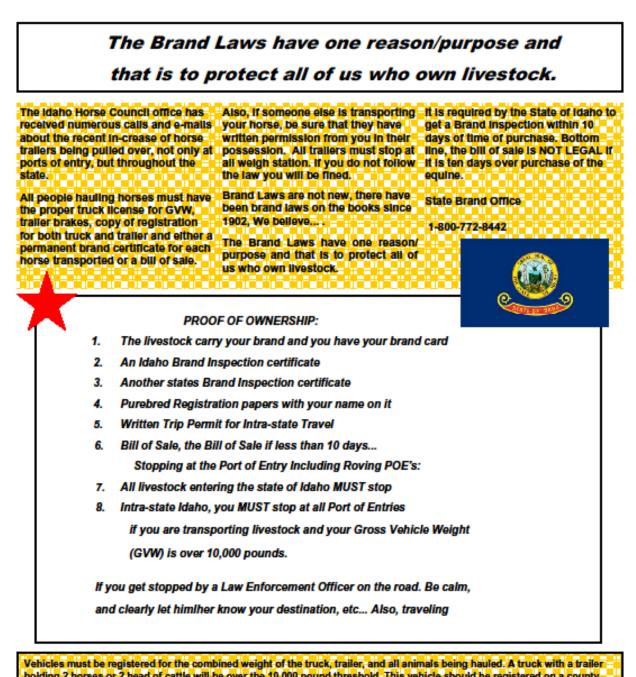
Looking at our 2nd quarter Chapter activities list, it's been a busy year with many different opportunities for SBBCH members to learn and have fun. The SBBCH chapter continues to do an outstanding job offering a variety of activities such as Rides, Public Outreach programs, Educational clinics, Highway cleanup, Trail Projects, Back County 4-H demonstration, and yes, even a Yard sale to help with fundraising. We are educating not only ourselves on the importance of safety, but the public about the BCH organization and our historical right to use stock on public lands.

In April there was Wilderness First Responder training and the BCHI Horse Expo. In May there was even more such as Forrest Service Sawyer Safety, Talk to the Experts, Defensive Horsemanship, and Hands on Packing. In June, July and August there are many Trail Projects scheduled where we can ride together and discover some beautiful country in Idaho. Please check out our activity page and participate. We like to have fun on these projects and of course eat well.

Big thanks to the SBBCH members, for all your time and positive energy spent to make this chapter something to be proud of. Please continue to log your volunteer hours, including mileage and if you can't remember if you did, check out the summary screen. I can't wait to see you on the trail for some fun times this summer, especially our new members. If the SBBCH website doesn't answer your questions, or you would like to speak with a live body, you can always call me direct.



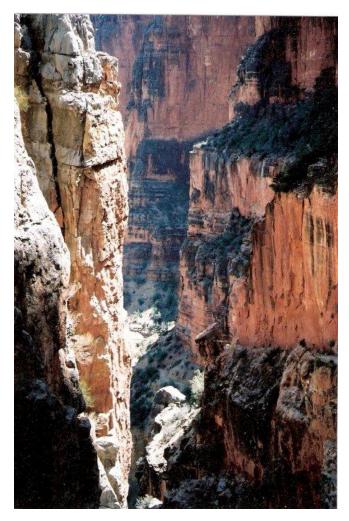
For information on Membership Contact Marybeth Conger at 208-365-9864 or president@sbbchidaho.org Squaw Butte Back Country Horsemen www.sbbchidaho.org



Venicies must be registered for the combined weight of the truck, trailer, and all animals being hauled. A truck with a trailer holding 2 horses or 2 head of cattle will be over the 10,000 pound threshold. This vehicle should be registered on a county non-commercial farm plate. If the vehicle is registered on a county plate, such as 1A or 2C, the registered weight would be at 8,000, that vehicle will be over the registered weight, and may be subject to fines or to the purchase of a Temporary Weight Permit. In addition, every trailer with an unloaded weight of 1,500 pounds must be equipped with I breakaway battery system.



Grand Canyon Pack Trip - Continued By Jake Lemon Week 2, Day 5, Monday, 4/19/2004



The night was uneventful, as far as I knew. By morning, the butterflies had been replaced by a handful of other emotions; excitement, relief to be alone, determination, fear, grateful for the privilege, to name a few. I got up, said the mules, fed myself, broke camp, packed 2 mules, and swallowing into the saddle...headed NORTH! "Come on you guys, let's go. Come on, we are out here. Let's head up to Idaho, okay?" They all fell in. It was a fairly cold, cloudy day. We were on the freshly plowed main paved road connecting the Park to Jacob Lake (the BLM Arizona Strip Map is the best I found for this stretch). The official name of the road is the Kaibab Plateau North Rim Parkway; it's about 40 miles long. We briefly considered taking a portion of The Great Western/Arizona Trail that parallels the road, but most of it was covered in snow and/or swampy from spring snowmelt. Also, it was predetermined that the road would have very little traffic on it, as the North rim was not open yet. There was the occasional service vehicle coming in, but they were no problem.

It is about 12 miles from the rim to the main gate. Since grazing is not allowed in the park, our goal was to find camp outside of the park in the afternoon. On the map, there was shown a campground about 5 miles beyond the gate. A 17 mile day, after breaking camp and loading up was doable but it was going to be a long haul. No time to dally.

We arrived at the gate as anticipated. However, we found a formidable barrier; there was a cattle guard with no side gate to get through. On foot, I scouted for an opening along the stout boundary fence both ways for several hundred yards. Nothin'. One of the service vehicles stopped, offering assistance. He said that often he carries sheets of plywood that he could have put down over the cattle guard, but he was carrying no plywood this day. I had brought one of those multi-fencing tools, the pliers with the hammerhead and hook for potential fence work along the route. However, I had never anticipated having to disassemble a Federal Grand Canyon National Park fence in order to

get out! I determined, as blatantly out in the open as it was, the best place to do the dirty work was right there beside the cattle guard. It was pretty well put together; it took a while to get the thing apart to the point where the mules could get through. Surprisingly I got it all put back together with no Rangers catching me in the act. The question arises, is packing around here so rare as to not justify a stock gate at the entrance to The Grand Canyon National Park, mule pack string capital of the world? As I thought about it, there undoubtedly is one where the Great Western/Arizona Trail enters the Park. We punctuated our covert escape from the park with a photo op with animals tied to the sign announcing "Entering Grand Canyon National Park".

Having just consumed about an hour of precious daylight making our escape, we had no time to waste on our home stretch of the day. The country was opening up a bit, allowing a progressively colder, cloudier and windier day to be our greeting to the outside world. We were now getting some snow squalls in our ears. However as far as all of us knew, we were all on top of our game. I had clothes for this weather. Some of this whether or came as no surprise as it was mid April at 8800 feet. I spent pretty much the whole day in the saddle because I was trying to heal up blisters from the one-mile of vertical down into the Canyon and then more than that out to the North rim.

The campsite, DeMotte CG suited us well. My GPS said we had climbed even higher than the Rim; we were now at 8,800 ft. The CG had some high ground that had been melted off long enough that it was not soaking wet. I did furl my brow while driving the two picket pins into the mushy ground, they might not hold. The weather was clearing a bit, but I pitched the tent for piece of mind. At bedtime, everything appeared as it should, but I was too tired to address the lingering uneasiness about the picket pins.



Our mission

- ✤ To perpetuate the common-sense use and enjoyment of horses in America's back country and wilderness.
- ◆ To work to insure that public lands remain open to recreational stock use.
- To assist the various government and private agencies in their maintenance and management of said resources.
- To educate, encourage and solicit active participation in the wise and sustaining use of the back country resources by horsemen and the general public.



Sweet Soy Scallops with Hawaiian Linguine

From the Camp Kitchen of Bill & Marybeth Conger



This is an easy meal to prepare a head of time, to start your backcountry adventure in style. Recipe feeds four hungry Congers so modify quantities as appropriate.

Combine 1 ½ lbs of large frozen sea scallops with 6 tbsp minced scallions, 4 tbsp maple syrup, 2 tbsp soy sauce, and 2tbsp mustard. Place the contents in a zip lock bag. Then cook 12 pieces of bacon and once crumbled combine with 2 tbsp diced cooked red onion and put this in a zip lock bag. Add 1 cup diced fresh or canned pineapple to another zip lock bag. Now place all bags in your cooler.

Prior to arrival at the trailhead, check and make sure the scallops are defrosting. At the trailhead take all bags out

of the cooler. Get the old propane stove set up, and heat 4 tsp oil in skillet. Remove scallops from the marinade and sear scallops in skillet until they are browned on both sides usually 5 to 6 minutes total. Remove scallops and keep warm. Start cooking your linguine (16oz) according to package directions and add the red onion too. On the other burner add the marinade to the skillet and cook over medium heat till thickened and add the scallops the last several minutes. They should feel slightly firm. When the linguine is done, toss with the bacon and pineapple. Serve the scallops over the Hawaiian linguine. Add salt and pepper to taste. This meal is great fresh but can also be dehydrated and enjoyed on a pack trip.



Camping with Stock, at the Trailhead in the Back Country From a Packers Perspective

A Backcountry trip offers a great deal of pleasure, but sometimes there are unknowns involved. Knowledge of acceptable ways of dealing with these situations can help keep you, your stock and other backcountry travelers out there safe. We believe lots of trails miles and wet saddle blankets are the best training aides. This develops a horse's confidence in you and your confidence in the horse.

There are three basic guidelines- Stay safe, Have fun, and maintain your cool.

Planning & Preparing for the Humans

Here are some tips:

- Condition you body, for riding and camp work.
- Prepare yourself mentally for the back country.
- Communicate within the group before hand about everyone's roles to develop understanding.
- Know everyone's trip goals and be prepared to do some compromising.
- The trip leader needs to communicate the daily plan and explain why to get buy-in. This is good to do at camp each night.
- Determine who is riding where in the string, i.e. speed and temperament of animals. Adjustments can be made on the trail.
- Discuss the possible obstacles out there and have folks practice at home. (More below on this)
- If you have health issues, bring what you might need and alert your travel partners of your issues and how to help you.
- Prepare the food menu before hand and get everyone's buy-in, i.e. food allergies, diabetic issues, vegetarian requirements need to be addressed in the menu.
- Carry Health information forms.
- Leave your agenda with someone at home.
- Sign in at the trail head.

- Bring communication media that will work for you and ensure more than one person knows how to operate them.
- Make sure your tetanus immunity is up to date-10 yrs outdoor wound, 5 years get another. Usually, this shot is available at District Health Dept. You have 72 hrs after the wound to get a shot.
- Check all the gear and make sure it is ready for the trip.

Planning & Preparing the Stock

A good mountain horse needs to be trained to deal with what ever they might encounter in the back country. Terrain they may encounter may include bogs, streams, bridges, deadfalls, trees, and narrow trails. A green horse with a rider may want to follow a more seasoned companion. It's a good idea to pack a green horse the first time or two so they can learn and develop confidence without having a rider. Make sure your horse is trained in the following:

- Loading and unloading from the trailer.
- Standing tied for an extended period of time.
- Mounting and dismounting from BOTH sides.
- Stock containment: Hobbles, Pickets and/or other methods.
- Crossing Water, Streams or bridges.
- Rope under the tail.
- Britchen under the tail.
- Crinkling noise of maps or rain gear.
- The sound and feel of Fly repellent and spray bottles.
- Sudden movement of birds, dogs, and wildlife.
- Sudden appearance of hikers with large packs above their heads.
- Motorcycles and bicycles
- Encountering other animals on the trails, to include llamas.
- Loud airplane noise and gunfire
- Turning your animals on narrow trails always with their head to the downhill side.
- Sudden appearance of bees and other insects that bite.
- Ensure all tack in good repair and fits the animal.
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Planning & Preparing the Camp

So let's find a camp site that will meet our recreational and stock grazing needs and avoid/minimize our effects on nature.

- Choose the site that is nature friendly, i.e. distance to trails, steams, lakes, game paths. (Use existing camp sites if available)
- Always Handle and Store food appropriately even if you're not in a designated bear area.
- Keep your camp clean to reduce unwanted wildlife encounters.
- When it comes to grazing, know your animals and use what containment method(s) that work for you, to limit their travel during grazing. When they start moving too much or start *the mountain siesta*, they are probably full. Rule of thumb 2 to 3 hours.
- Highline your animals close enough to be watched.
- Leave your camp area cleaner then you found it for the next traveler!

An ounce of prevention just might keep you safe out there. So remember to stay safe, have fun, and try not to loose your cool.

2010 Back Country Skills Day - Some reflections

By Rob Adams.

2010 was the seventh year Squaw Butte has put on a public clinic. The first time we held a clinic, Bill & Marybeth Conger organized a purely packing event that was well received by our members and a few guests. Over the next couple of years the clinic was primarily a packing clinic with some added classes in Dutch oven cooking and meal planning added. Year four we hoped to broaden the offering to draw in more guest by adding classes in first aid (human & stock), knots, and brought outside speakers in to help with the presentations. This was the first year that Dr. David Hays spoke. The packing aspect of the clinic became something you could do between presentation, and the clinic started to take on the feel of a multi ring circus. Years five and six we tried to refine this approach with more presentation offering.



At the 2010 leadership meeting in January, we discussed what we had learned in seven years, what had worked, what didn't. A couple of things really stood out. The first is March, the traditional month we held the clinic, weather was to unpredictable and most years it was cold, windy and often rained. While the indoor arena provided some shelter, it still could be uncomfortable for our members and guest. March was also before all the horse shows that BCHI has a booth at, so getting the word out was harder. The second revelation was that the clinic had too many activates and presentations to fit into a single day. It felt rushed and at time disorganized. A decision was made to extend the clinic to a full weekend, to hold it in May and to divide the clinic up in to a presentation day and a hands on day. Day one was to be a full day on interactive presentations with experts in

Day one was to be a full day on interactive presentations with experts in various fields of interest to Back Country riders. We choose the theme "Talk to the Experts" and Nancy Harper Schindele took on the responsibility of contacting presenters and organizing the days activates. Day two we wanted

to be completely hands on, with a return to our original packers clinic but we also wanted to pilot the forest services "Defensive Horsemanship" course that is very popular with chapters in the northern part of the state. Phil Ryan contacted Dale Schrempp of the Priest River Valley BCH. Dale had been teaching the course for a number of year and was willing to help lead our pilot. We quickly realized that the name was confusing to our members and the public, so we modified it to "Safe Trail Riding / Defensive Horsemanship" Rob Adams coordinated the Packing skills clinic. We broke each clinic into two half day sessions so member and guest could attend both if they wanted, and spend more time refining skills and asking questions.

Saturday - Day 1: Talk to the Experts (Presentations)



Camping with Stock - Marybeth and Bill Conger

Trail First Aid - When the vet is hours away - Joe Rumsey DMV

Idaho Stock Laws - That you need to know - Larry Hayhurst, Idaho State Brand Inspector

Recreation in the Boise Nation Forest -Emmett Ranger District

The Mechanics of Movement - David Hays DMV

Healthy Hoofs - No Hoof, No Horse - Julie Mills Womack & Associates

Equine Dental Care - Justine Spencer



Saturday proved the old adage that you can never count on Idaho spring weather; it was as cold and rainy as any March day. But, we had the indoor arena, everyone dressed warm and all who attended participated in a full day of excellent presentations that generated lively discussions and the exchange of a lot of valuable information. The youth rodeo association of Idaho City provided an excellent lunch, and by the end of the day all who attended felt the day was a complete success.

Sunday - Day 2 (Hands on clinics)

Sunday, the weather gods smiled on us some, the sun came out and the rain stopped. The outdoor arena sand was so saturated with water, that it felt a bit like walking on quick sand, but that turned out to be a plus for the Safe Trail Riding clinic. Phil and Dale had an excellent turnout for both the morning and afternoon sessions and all who participated talked about how worthwhile the clinic had been. The packing clinic was also a complete success with thanks going to instructor / mentors Jake Lemon, Bill Conger, Ellen Knapp and Rob Adams. We had a number of beginner and experienced packers who learned new skills or refined their technique. We had a range of items to pack, and both horse and mules to practice on. Lunch was provided by the 4H and was enjoyed by all.

The two day clinic format proved to be a good model for Squaw Butte. Both days went smoothly, and didn't have the rushed, often hectic feel of past clinics. Attendees got the chance to talk at length to presenters and had the opportunity to practice hands on techniques until they were comfortable with them. I am sure we will be refining the same model when we plan the 2011 Back Country Skills Days.



May 24, 2010

Dear Bill and Marybeth,

What a wonderful weekend clinic. Now we need to start training so we can actually get packing! It was also fun to get to know you two a little better.

Remember the "Honeymoon Cabin" offer. It would be a true favor to Bridgett, Peg, Linda and me to have a little more hands on instruction.

Thanks again,

Anita

Most Awesome Yard Sale a Success

By Ellen Knapp, Past President

Thank you, folks of Emmett, Gem County and surrounding areas for your generous support of the third annual Squaw Butte Back Country Horsemen (SBBCH) Most Awesome Yard Sale Saturday May 29.

All items at our annual yard sale are donated. SBBCH extends a big thank you to our members and friends of members for their awesome donations. This year we even had donations of fabulous items from local businesses: Antiques and Things, Rocky Mountain Gun -N- Pawn and Valley Pump. None of the items are priced and all purchases are donations to SBBCH.

Thank you, once again, to Key Bank for their continued support by providing SBBCH with an ideal venue for the awesome SBBCH yard sale; their parking lot on S. Washington.

Proceeds from the yard sale enables SBBCH to purchase the needed annual supplies to support our busy schedule of volunteer work.

SBBCH is a non-profit, volunteer organization dedicated to perpetuating the common sense use and enjoyment of horses in America's back country and wilderness. We work to insure that public lands remain open to recreational stock use and assist the various government and private agencies in their maintenance and management of those resources



COMING EVENTS

JULY

BCHI Special Project- Saturday/Sunday, July 10/11, 2010- **Missouri Creek**, **Frank Church Wilderness** Directions TBD Project leader: Phil Ryan <u>projects@sbbchidaho.org</u> 208 398-8993

this project is a BCHI & Idaho Trails Association effort. Many different outdoor groups will be participating. Located near Yellow Pine. For more details contact Phil.

SBBCH Trails Project- Saturday/Sunday, July 17/18, 2010- **Arling Trail** south of the Tamarack resort, Donnely, ID <u>Directions</u> to Jean & Paul Revaul Ranch, Project leader: TBD <u>projects@sbbchidaho.org</u> 208 xxx-xxxx This historic trail crosses west mountain from a trail head south of the Tamarack resort from east to west and was used by miners and packers from the 1860's. This project is a combined chapter project with Heartland and the Cascade Ranger District, who have been working on getting this historic trail back

in shape. Jean & Kevin Revaul have offered a meadow near their home for our chapter to camp on. There are no trees for high lines, so portable corrals, or high lines between trailers. There is a small creek to water the stock.

SBBCH Trails Project- Saturday/Sunday July31- August 1, 2010 - West Mountain – **Wilson Corrals** trail head, Saturday/Sunday, July 31/ Aug 1, 2010- Project Leader- TBD, <u>projects@sbbchidaho.org</u>

208.584.3780, <u>Directions to Wilson Corral</u> The Emmet Rangers got permission and the materials to fix the first half mile of trail that has two bog area that can cause problems for some horses and riders. This is a shovel project that Squaw Butte has been lobbying for a long time, So we need a really good turnout, Sunday will be a trail ride, This is a very nice trail with some great views

AUGUST

SBBCH Monthly Meeting-Thursday, August 05, 2010-La Costa Restaurant, Emmett, ID; CONTACT: Marybeth Conger president@sbbchidaho.org 208 365-9864

SBBCH Trails Project- Saturday/Sunday August 14/15, 2010 **Kennelly Creek** - East of Donnely - Saturday/Sunday, Aug 14/15, 2010- Project leaders: Rob Adams <u>projects@sbbchidaho.org</u> 208 584-3780 This it a new location for our chapter recommended by Phil Ryan. There are a number of trails in the area with ride to Needles and Blackmare summits. <u>Directions to Kennelly Creek TH</u>

SBBCH Trails Project- Saturday/Sunday August 28/29, 2010 **Warm Spring Guard Station**- Lowman - Project leaders: Rob Adams <u>projects@sbbchidaho.org</u> 208 584-3780 The project to refurbish the Guard Station and ground and a new trail are a team effort with other BCHI chapter and the Lowman Ranger District. There is a newly designated non-motorized trail across the highway from the Guard Station that is mostly a old logging road which the Lowman Rangers just got cleared through NEPA to begin work on. This new trail will be the project we will be working on. <u>Directions to Warm Springs Guard Station</u>



2010 SBBCH Officers and Board of Directors



President Past President	Marybeth Conger Ellen Knapp	president@spbchidaho.org	208-365-9864 208-365-0737
VP	Shannon Schantz	info@sbbchidaho.org	208-365-7691
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Education/Foundation	Nancy Schindele Bill Conger Bill Holt (alt)	education@sbbchidaho.org	208-365-1789 208-365-9864 208-398-9825

BCH Newsletter	1	0	
State Board	Robbin Schindele	state.board@sbbchidaho.org	208-584-37
	Phil Ryan (alt)		208-398-89
Projects & Rides			
Boise National Forest Emmett & Cascade NFS Districts	Rob Adams	projects@sbbchidaho.org	208-584-37
	Terry MacDonald		208-584-37
Payette National Forest	Tony Buthman		208-549-20
Hells Canyon & Weiser NFS Districts			
Public Lands	Tony Buthman	public.land@sbbchidaho.org	208-549-20
	Chris & Bill Holt		208-398-98
	Robbin Schindele		208-365-17
Newsletter	Linda Hays	newsletter@sbbchidaho.org	208-571-03
Webmaster	Robbin Schindele	webmaster@sbbchidaho.org	208-365-17



EDITORS CORNER



By Linda Hays

Getting back on track now and looking forward to all your articles and photos for the newsletter. Please don't hesitate to send anything of interest; whether it is a one liner or a novel.

- 1. Things of interest, short stories about our rides, Include pictures you would like to go along with it.
- 2. Favorite photos, send your own or favorite pick of the month from our web site.
- 3. Personal pack trips and vacations you would like to share with others.
- 4. Favorite potluck dish or Dutch oven recipes.
- 5. Clever anecdotes or jokes related to Cowboys or Mule skinners, Packers, etc. for the month.
- 6. Monthly Packing, Riding, Safety tips for the month.
- 7. News items of importance to BCH and SBBCH
- 8. Anything you would like to be included in the Newsletter.

HAPPY TRAILS

LOOK WHAT'S COMING UP IN 2011



FOOD, FUN & FRIVOLITY SUPPLIED BRING YOUR OWN STOCK!

FOR COMPLETE INFORMATION AND TO SIGN UP VISIT:

BROUGHT TO YOU BY THE BACK COUNTRY HORSEMEN OF IDAHO



Squaw Butte Back Country Horsemen PO Box 293 Emmett ID 83617